

Justin D. Kepple, Psy.D.

Licensed Psychologist - Texas # 38523

El Paso Psychological Services

221 N. Kansas St., Suite 724

El Paso, TX 79901

Education:

California School of Professional Psychology - San Francisco

- Doctor of Psychology in Clinical Psychology (2018, APA-accredited)

Argosy University - San Francisco

- Master of Arts in Counseling Psychology (2013)

The University of Texas at El Paso

- Bachelor of Arts in Psychology (2011)

Clinical Experience:

Chief Psychologist (2019-2020)

Staff Psychologist (2018-2019)

Cannon AFB Mental Health Clinic

27th Special Operations Medical Group

United States Air Force Special Operations Command - Cannon AFB, NM

- Led the Mental Health Clinic in the enhancement of psychological health and deployment capabilities of the AFSOC active duty community by providing psychological treatment, assessment, education, and consultation, through a variety of evidence-based therapeutic modalities and interventions to include: CBT, DBT, CPT, PE, CBTi, IRT, Solution Focused Therapy, UP, and MBSR. Developed organizational process improvement and initiated tiered treatment options to appropriately address clinical throughput during critical provider shortage within the MH clinic, and improving patients access to care by 150%.
- *Duties:* Conducted individual and group psychotherapy, psychological assessment (cognitive and personality testing), treatment planning, acute stabilization, command directed evaluations (fitness for duty assessments), Disaster Mental Health (DMH), pre-exposure preparation for deploying Airmen, and consultation to AFSOC Command, training and supervision of staff MH providers and MH technicians.
- *Supervisors:* Edny Bryant, Ph.D.; David Dickey, Ph.D.; Riyadh Aljammaly, M.D.

Clinical Psychology Resident (2017-2018)

Wilford Hall Ambulatory Surgical Center Mental Health Clinic

United States Air Force Clinical Psychology Internship - *San Antonio, TX*

- Completed 1-year, APA-accredited, clinical psychology internship, which included: 4-month rotation in the clinical mental health, 4-month rotation in clinical health psychology, 1-month rotation in neuropsychological assessment, 1-month rotation of integrated behavioral health treatment in a primary care setting, 1-month rotation providing psychological services to military trainees in basic training, and a 1-month elective rotation in clinical research for dissertation completion.
- *Duties:* Conducted individual and group psychotherapy, clinical intakes, biofeedback, and assessment of active duty/dependent/retired military service members who presented with a wide range of mental health, physical/biological, and neuropsychological issues.
- *Supervisors:* Jordan Fields, Ph.D.; Daniel Jacobson, Ph.D.; Karla Ramirez-Vigil, Ph.D.; Abby Fields, Ph.D.; Dawn Kessler-Walker, Ph.D.; Daniel Cassidy, Ph.D.; Ann Hryshko-Mullen, Ph.D.

Psychological Trainee (2016-2017)

Psychological Screening Program (PSP)

California Department of Human Resources - *Sacramento, CA*

- Collaborated with a team of forensic and police psychologists to assess the suitability of law enforcement candidates as peace officers. The primary objective was to identify and disqualify those individuals who, due to underlying mental or emotional conditions and/or maladaptive personality characteristics, were unable to safely or effectively perform peace officer duties.
- *Duties:* Conducted clinical interviews, summarized treatment records, highlighted concerns raised in background investigations, prepared psychological testing interpretations, contributed to case consultations, attended appeal hearings, proctored exams, prepared case summaries and preliminary reports.
- *Supervisor:* Jo Danti, Ph.D.

Practicum Trainee (2015-2016)

Jail Psychiatric Services - HealthRight360

The City and County of San Francisco - *San Francisco, CA*

- Delivered psychotherapy as part of an integrative health team to treat clients with serious mental illness and those in acute psychiatric distress in the Psychiatric Housing Unit of the San Francisco County Jail. Clinical goals were to reduce recidivism and improve mental health outcomes by stabilizing dually diagnosed incarcerated clients, employing a variety of theoretical perspectives and evidence-based treatments.
- *Duties:* Engaged in clinical care through individual and group therapy, ensured psychiatric stabilization, medication adherence, provided illness management and recovery education, planned treatment in collaboration with an integrated health medical team, engaged in post-release planning and client advocacy.
- *Supervisor:* Amy Cohen, Ph.D.

Clinical Supervisor (2014-2015)

Head Start Program

Psychological Services Center: Oakland - Oakland, CA

- Provided weekly supervision and clinical consultation to three, first-year doctoral students, placed at an early childcare practicum with the Head Start Program.
- *Duties:* Engaged in individual supervision consultation. Assisted in case management, conceptualization, treatment planning, and management. Ensured ethical and culturally aware treatment.
- *Supervisor:* Holly Oswald, Ph.D.

Practicum Trainee - Group Lead (2014-2015)

Pilot Prep Program

St. Joseph Notre Dame High School - Alameda, CA

- Provided school-based mental health to high functioning high school students on the autism spectrum, who showed difficulties in social engagement, or were dealing with emotional problems.
- *Duties:* Conducted group therapy psychoeducation, which improved academic functioning, social skills, communication, time management, and emotional regulation. Provided individual therapy to students requiring intensive support in managing emotional difficulties, navigating academic responsibilities, and transitioning to college/higher education.
- *Supervisors:* Patty Cummings, Psy.D. & Rachyll Dempsey, Psy.D.

Practicum Trainee (2014-2015)

Behavioral Health Specialist

Paul Revere K-8 School - San Francisco, CA

- Provided psychotherapy to students who demonstrated dangerous, destructive, or maladaptive behaviors. Provided classroom support to teachers by assisting in behavior modification and psychologically-informed classroom management. Managed a school-wide crisis response team that monitored and responded to various behavioral and emotional emergencies.
- *Duties:* Engaged in individual psychotherapy, play therapy, and sand tray therapy, provided classroom support, teacher consultation, parent consultation, and crisis intervention. Constructed multidisciplinary behavioral plans incorporating students, teachers, school counselors, parents, and administration.
- *Supervisor:* Patty Cummings, Psy.D.

Practicum Trainee (2012-2013)

Cañada Community College: Psychological Services - Redwood City, CA

- Provided individual psychotherapy to college and pre-college students who presented with a wide range of clinical issues.

- *Duties:* Engaged in ethical and culturally aware individual therapy, performed intake interviews, constructed treatment plans, maintained case notes, participated in case presentations, student outreach and general administrative responsibilities.
- *Supervisor:* Gena Rhodes, Ph.D.

Research Experience:

Lead Investigator - Doctoral Dissertation (2014-2018)

California School of Professional Psychology

- *Trait Mindfulness and Effects on Stress and Burnout in Law Enforcement Officers*
- *Defended:* April 2018.
- Accepted as a presentation at the 125th annual meeting of the American Psychological Association, San Francisco, CA.
- *Supervisor:* Eddie Chiu, Ph.D.

Co-Investigator (2017-2018)

Wilford Hall Ambulatory Surgical Center

- *Identifiable Coding Generation for Anonymous Longitudinal Research and Data Collection*
- Assisted in establishing a research protocol following a review of anonymous longitudinal reporting literature, assisted in data collection, completed and maintained appropriate Institutional Review Board (IRB) approvals.
- *Duties:* Data Collection, Data Entry, Database Management, Data Cleaning, Protocol Development, Content Development.
- *Supervisors:* Wayne Talcott, Ph.D., Melissa Little, Ph.D.

Graduate Student Assistant (2016-2017)

Psychological Screening Program, California Department of Human Resources

- Assisted in a state-funded pilot study to assess various psychological testing instruments in their ability to predict problematic behaviors in peace officer candidates. Select measures included: Minnesota Multiphasic Personality Inventory-2 (MMPI-2), Minnesota Multiphasic Personality Inventory-2- Restructured Form (MMPI-2-RF) Police Candidate Interpretive Report, The Sixteen Personality Factor Questionnaire (16-PF), The California Psychological Inventory (CPI) Police and Public Safety Selection Report.
- *Duties:* Data Collection, Data Entry, Database Management, Data Cleaning, Protocol Development, Content Development, and Program Development.
- *Supervisor:* Jo Danti, Ph.D.

Undergraduate Research Assistant (2009-2011)

Prevention and Treatment in Clinical Health Laboratory - University of Texas at El Paso

- Assisted in research regarding multiple areas of disease prevention and health promotion, including: tobacco use, sedentary behavior, diet, food intake, and cancer prevention. Research endeavors focused on the Hispanic adult and collegiate populations of the El Paso, TX and Juárez, MX borderland region.
- *Duties:* Data Entry, Database Management, Data Cleaning, Filing, Data Collection, Survey Development, Group Research, Content Development, and Program Development.
- *Supervisor:* Theodore V. Cooper, Ph.D.

Certifications & Training:

Virtual Health Provider Training: Mental Health (2020)

- Defense Health Agency (DHA) - *Cannon AFB*

Psychological Autopsy Certification Training (2019)

- American Association of Suicidality - *Nashville, TN*

Cognitive Behavioral Therapy Certificate Course: 3-day Intensive Training (2018)

- Professional Education Systems Institute (PESI), Dr. John Ludgate - *Austin, TX*

Primary Care Behavioral Health: Internal Behavioral Health Consultation (2017)

- Air Force Behavioral Health Optimization Program (BHOP) - *San Antonio, TX*

An Introduction to & Advanced Interpretation of the MMPI-2-RF (2017)

- San Antonio Military Medical Center, Dr. Yossef Ben-Porath - *San Antonio, TX*

Interpreting the MMPI-2-RF Police Candidate Interpretive Report (2016)

- California Human Resources: Psychological Screening Program, Dr. David M. Corey & Dr. Yossef Ben-Porath - *Sacramento, CA*

Innovations in Latino/Latina Behavioral Health Forum (2015)

- California School of Professional Psychology (CSPP) - *San Francisco, CA*

DBT: Where We Were, Where We Are and Where We Are Going (2015)

- NAMI 2015 National Convention, Dr. Marsha Linehan - *San Francisco, CA*

Four Psychological Capacities Necessary for Individuation (2015)

- The C. G. Jung Institute of San Francisco - *San Francisco, CA*

Advocacy, Justice, and White Privilege, and Applied Ethics (2015)

- The California School of Professional Psychology - *San Francisco, CA*

The Science of a Meaningful Life: Practicing Mindfulness and Compassion (2013)

- The Greater Good Science Center, Dr. Jon Kabat-Zinn - *Berkeley, CA*

Presentations:

Jones, J., Grabner, S., Gaschk, M., Kepple, J., Wolfe-Clark, A., Bonilla, G., Kalpinski, R., Talcott, W., & Little, M. (2018, August). *Using Subject-Generated Identifiable Coding for Anonymous Longitudinal Research with Service Members.*

- Presented at the 125th annual meeting of the American Psychological Association - *San Francisco, CA*

Taylor, T., Cabriaes, J. A., Güereca, Y., Kepple, J., Salgado, F., & Cooper, T. V. (2010, April). *Depression, anxiety, and stress as hierarchical factors of general distress in Hispanic young adults.*

- Presented at the annual meeting of the Society of Behavioral Medicine - *Seattle, WA*

Blow, J., Kepple, J., Guajardo, A., Aguirre, S., Taylor, T., & Cooper, T. V. (2009, November). *Motivation and confidence in quitting after a brief smoking cessation intervention for a predominantly Hispanic sample of college students.*

- Presented at the annual meeting of the Association of Behavioral and Cognitive Therapies - *New York, NY*

Relevant Job Experience:

Human Resource Analyst (2014)

El Paso Police Department - *El Paso, TX*

- Facilitated and supervised the staffing, interviewing, assessing, and testing of potential candidates for the EPPD Police Academy. Maintained employee relations and monitored employee conduct. Ensured employment and department decisions were made in strict compliance with Federal law, State law, and Civil Service Rules.
- *Duties:* Employee Relations, Workforce Planning, Policy Formulation, Labor Relations, Human Resource Development, Risk Management, Staffing, Testing, Assessment, and Interviewing.